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Where We Have Been

January 10, 1989, evening, Austin

Good evening, we are Andomus. We will provide you information about the individual and his many lives.

Since the early times of man, many civilizations have come and gone, each perfecting upon the prior. That is, essentially, the purpose of the physical existence: to progress. Progression, to be of the highest order, calls for the body, mind and soul, your personal triad⁸, to all progress at once. This means as the body evolves to a higher attunement, the mind and soul must also progress.

The mind is an exquisite thing. It retains the memories of your current lifetime, carefully recorded for the duration of a given existence. One may recall any word spoken, emotion felt, or thought conceived, from the moment of birth to the present.

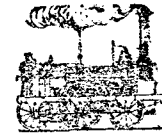
⁸See Glossary

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GAIL POWELL: "~~FLIGHT INTO THE SOURCE~~;
THE ANDOMUS MATERIAL I"

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In the Beginning

December 28, 1988, evening

Good evening, we are Andomus. We will begin by discussing the creation of your Universe.

In the beginning, only the energy of the Eternal Source existed, nothing more. This Source began by creating a light, which was energy, pure energy. It caused it to expand and grow, and through the eons, this light, or thought form, eventually became the earth. In a further act of creation, It shot off thousands upon thousands of sparks of Its own energy. Later, each of these sparks, in their own acts of creation, divided again.

Each of these secondary sparks were thought forms of an all-knowing nature. They were aware of the Source and of the fact they came from It. They were aware they were of each other, because they were of this Eternal Source. All was interconnected. There were no disharmonies because of the loving nature of all.

When the earth was created, man moved about it more in pure thought than in a physical form. Each of these energies were of the Source, had all Its Godlike powers. This is why the Bible says, "and God created man in his own image," for indeed, the energy He issued forth was (the same) for each entity so created. The physical body did not evolve until much later when it was discerned by these beings that a solid form would enable them to experience the earth plane more fully.

Eventually, the thought forms began their own creation process. To do this, they utilized a substance which was a part of the Eternal Source to create prototypes of the various plants, animals, fish, and fowl. This substance contained the basic element of all life, and was the core from which all living things ultimately evolved. Each living thing the thought forms brought into existence, including the human bodies (they) subsequently designed and inhabited, originated from this basic element.

SPACE This substance also contained the pattern of encodement⁷ which allowed the structures to become cohesive in nature, and to ultimately take on living form. It included the instructions for evolution and growth as well. This basic element is in every living thing, including space (in itself a living structure) which separates all things from each other. Just as you respect all visible life, one should also respect the space which separates one thing from another.

As with all living structures, including humans, evolution from the early primitive forms occurred. Each living thing designed and constructed (by the thought forms) continually evolved (as they still do) into the shape and form most suitable for its current environment. The evolution process has literally been ongoing since the initial formation of the earth, billions of years ago.

⁷See Glossary

Clearly, the earliest forms designed for humans did not contain the sophistication you enjoy today. But, as with all other things created, they contained the basic element of life, from which they ultimately evolved into the shape and form you now inhabit.

The process of evolution and the concept of creation are literally both true. However, before there could be evolution, there had to be a substance which contained the ability to take on shape, form, and mass. It also had to have the ability to provide a life-giving nature to this form, shape and mass. Thus, the processes described herein are not something which occurred in a flash, or overnight.

Once the basic element was provided by the Eternal Source, the secondary thought forms (utilized it) to begin their work in creating the many forms for which they were responsible. This development of plants and other living things was a process which covered eons. But "Time" had not yet become a factor, and each spark of light enjoyed the process of patiently and lovingly creating the various living things which became a part of the living breathing earth structure on which you now reside. It was done with great love, for just as the Eternal Source had knowledge of all things, so did each of the thought forms. Each one knew their efforts were a contribution to a much Greater Plan, one of which they too, would be a part in the future. Each knew they would ultimately encounter many physical incarnations, ones which would enable them to live among their creations.

Every experience encountered by all living things, because they were connected yet to the Eternal Source, filtered back to It and became Its enjoyment as well. Therefore, for each of the thousands of entities which were created, the Source experience expanded thousands-fold.

Through the eons, the physical bodies evolved to a point which enabled individuals to "feel." They were able to

of the early light sources. However, this is only a perception. Each of you have the same creative abilities as the Source, because you are of the Source. Each one is of It and because of that, has Its powers. Because man became so embroiled in the physical...wanting it all...wanting that of others, this knowledge was lost. But it is time for a reawakening. It is time for mankind to become aware of their true nature, their true power. And this is: You are of the Eternal Source. You can create.

In actuality, you do create now, your life experiences, your reality...those daily things which happen to you. It is a learning process, to allow you the experience, to see how you deal with each situation. If your approach is balanced, loving, and without anger or other strong emotion, you have learned the particular lesson, and can progress onward to others. Each experience, handled well, adds to the sheen of your foundation stones, helps maintain their clean, sharp edges. Explosions of anger take away some of the sheen, cause small cracks in the facade, and if the life experiences continue in that vein, the foundation eventually begins to crumble.

The foundation stones, as well as the higher tiers of the building blocks, are living, breathing in nature. While in one lifetime you may have learned your lessons very well, causing a sturdy, lovely foundation, in subsequent incarnations, similar lessons may present themselves and you may take a different approach. When these instances occur, you have the effect of erosion of the foundation. Therefore, it is important to maintain a balance, to be loving in nature, and to remember your Source.

Each entity is allowed free will and the ability to express it. There is no right, there is no wrong, there simply IS. Many people feel guilt over the things they do. This should not be, simply because they are expressing their own wave length. However, the time has come to reunite the planet in the concept of the Energy Source, the total love of man, and the fact each entity is linked to all others. That which he does to another he

does to himself, and to God. Indeed, one should ask of every situation, "How would the Buddha, or Christ, have handled this situation," then act accordingly. Wars would cease; hatred would cease; illness would cease; and the planet would be healed. At present, the planet is very ill.

→ Hatred expressed by man is absorbed by the earth. This ← is what is causing the grumbling and rumbling within its interior structure. As pressure builds, it will ultimately find a release. This will be in the form of earthquakes or volcanic eruptions.

That is all for this morning.

OK, thank you very much.

You're welcome, and good morning.

January 17, 1989, morning, Denver

Good morning. We are Andomus. We will continue our discussion of mankind's lack of awareness.

Human beings experience a loss of awareness after they incarnate, which is equivalent to a mental fog. This mental fog represents a curtain for earth beings. It is placed there to allow each to experience and grow through their own efforts and free will. Were it not present, the knowledge of all eternity would be available to each, and individuals would not find it necessary to make a conscious decision between one pathway or another. They would always know the ending awaiting each choice made.

This curtain is the reason the earth plane is such a difficult one to traverse, because of the possibility of making a decision, taking a pathway, which causes the entity to lose, rather than gain ground. For those who do make the effort, take the chance, so

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We trust this provides the answer to your question.

Yes, thank you very much. It does indeed.

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March 7, 1989, evening, Houston

Good evening, we are Andomus. This evening we would like to discuss oversouls.

The oversoul is the "master control" for each entity who walks the earth plane, as well as the various other planets within the Universe. It is the nerve center, so to speak, for a large number of entities who are in various stages of progression in their soul development, including those presently in planes other than the earthly realm.

The oversoul may be considered the hub of a great wheel...the wheel of life, one might say. At the end of each spoke is the physical being enjoying an existence. A particular entity may be experiencing an existence in the 1900s. The spoke next to him may contain the life force of an entity who is experiencing what may be an existence in the year 2500 AD, and the following spoke may contain the vibrations for an existence in 50 BC. And on it goes, around the giant wheel for every walk of life, every race, every religion, indeed, every existence imaginable.

The daily conditions met and dealt with by each individual are monitored, so to speak, by the hub...the oversoul. And each individual entity at the extension of each spoke both feeds information to and receives information from the hub. Because the hub is the collecting point for all, (the information from one spoke or existence is readily available to others.) Have you not been totally stuck in a problem, whether it be one of danger or a

lack of knowledge, and in concentrating upon it, you suddenly think, "Aha!" You have tapped into the hub which has fed you the information you need to solve your problem. In essence, you are all one, connected through the oversoul (hub) who monitors your progress and retrieves the information from each experience on a continuing basis.

This information is passed even further upward to the Eternal Source through yet another spoke or golden thread. The center which serves as the hub of your many entities is really the end of a spoke among many others with a hub of its own. That hub is the true God Source. This is how the Source grows and gains experience through each of the entities who have incarnated are incarnate, or will incarnate. Multiply each hub by thousands of other hubs and you have an idea of the total experiential learning each being can enjoy.

The information does not run only to God. You are connected to every other entity in the same way all entities are connected to the Source. It is a two way connection. Therefore, if you were discerning enough, sensitive enough, you could make yourself aware of the experience encountered by an African tribesman who has just killed a gazelle with his spear, sense his feeling of happiness because he knows not only he, but his family, and the other members of the tribe will have sustenance for the next few meals.

If you reach the point where you can discern those experiences, you have opened the two-way connection between yourself, your hub, and even other hubs. It is the opening of your connection to every other entity in existence. It is a marvelous thing.

This completes our discussion for today.

Thank you.

March 13, 1989, evening, Dallas

Good evening, we are Andomus. This evening we will discuss the structure of the physical body and how it is tied to the astral or etheric self.

Each entity emanates from the Source. In a method of multiplying the experiences within the earth plane, ones which even the Eternal Source could enjoy, millions upon millions of sparks were shot off, eons ago. Each spark formed a core from the Universal Energy Source and was as creative as the original. From each of these tiny sparks, yet millions of other sparks shot off, creating an array of entities which would go forth into the physical plane, to simply be, to experience, to learn, and to grow through the various incarnations.

The first level, or core sparks, could be identified as the oversouls, those special entities which provide guidance and serve as a connecting point to each of the other entities subdividing from them. There is always a direct connection from the original God Source to the first level of sparks. This is maintained by the equivalent of a golden thread or cord. It is much like an umbilical cord, one which provides a continual supply of Universal Energy. The golden cord provides energy back to the Source, in the form of experiences.

A connection is also maintained by the first level spark with the multitude of sparks it created. This is equivalent to the silver thread or cord. And, at the end of each silver thread is an entity who is in any one of a myriad of experiences. Each of the entities which emanate from a given oversoul are considered to be of the same essence. Each of these entities will recognize one another at the soul level because of the continuous flow of information which runs from the extremity of one silver thread into the first level core where it is assimilated and stored. This occurs for all the entities created by this first level oversoul. And, as with the relationship between the Eternal Source and the first level core, or hub, energy flows both ways.

Since the information is received from an extremity and stored at the core, if another essence entity requires information, it can be drawn from this central storehouse and assimilated by any one or all of the extremity entities. Therefore, an entity currently enjoying an existence within the 20th century could, conceivably, draw information pertaining to life as it was experienced in 450 BC, or, just as easily, garner information pertaining to an existence in 4000 AD. It requires only minimal concentration, at the solar plexus level, a tuning in, so to speak, with the oversoul, and vast stores of knowledge are readily available.

It does require a focusing on your desire, and an ability to maintain a train of thought. This is why meditation is of great value, for it teaches one to ignore the cacophony of thoughts which bombard one every few seconds of every waking hour of the day.

Each extremity at the end of a spoke is free to incarnate into the physical, or, not to do so, at his own will. No entity is forced to enter into an earthly existence. (Many do not because they fear they may lose sight of their true reason for incarnating and become so entrenched in a physical reality they lose ground rather than gain it.) This is not an uncommon occurrence, hence the reluctance of many to enter the physical realm.

The silver cord which extends to the entity from the oversoul connects at the solar plexus area of the body. It is where you get the "Aha!" sensation when you suddenly realize you know something, but don't know how you know it. The information has been fed to you from the storehouse of knowledge maintained by your oversoul.

The physical existence is merely a manifestation of the image you projected into the physical realm prior to incarnation. You selected the color of your skin, the color of your hair, the comely or plain features and the specific physical body type you inhabit. All were pre-programmed to serve the purposes you

structure with a golden capstone, they too will join the individuals who preceded them. When all secondary sparks have achieved this level, then the oversoul will move, as one unit, back into the Eternal Source, the Universal Energy, the God Source, which are all one and the same.

This is truly a return of (all) the souls back into their original form, (pure energy). Once reunited into this pure energy, the sum of all knowledge gained by each of the separate parts is married with all knowledge from each of the other sparks having also made this transition. And each individual becomes a vast storehouse of knowledge, Universal knowledge. From this point, new sparks may be shot off to begin the cycle again, to help perpetuate the growth of all, the expansion of knowledge through experience.

In order to achieve the golden capstone, one must endeavor to meet each experience with love. Playfully ask what is in store for you in each new aspect of your life. Meet each aspect with joy, no matter how unusual it may seem. Do not despair if life seems harsh. You placed yourself in these circumstances to determine how you would handle the situation. Meet them with loving kindness. Erase any anger from your existence, for it will only deter your progress. Be assured, a loving approach will set you well on your way to achieving the golden capstone.

That is all on this topic this evening.

Thank you very much.

You're welcome, and good evening.

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May 15, 1989, evening, Ogden

Good evening, we are Andomus. This evening we will discuss the variations each individual encounters within their lives.

When mankind elected to encounter the physical experience, there was a need to devise a form in order for the aspects of a physical existence to truly manifest. This physical form served as a vehicle for the sensory portion of man. It enabled individuals to truly understand what the physical realm was about. This was much different from the thought form the individuals experienced prior to incarnation, since in that form, all that was needed to manifest a want or desire was to envision it.. to think of it, and it would appear. This is still the case within the etheric plane. It is also true within the physical, although it takes much more effort in order to actually manifest desires.

With each incarnation, man takes on other aspects of the life role. This is done to enable the individual to gather the broadest possible range of experiences. Aspects of the earthly role which are not handled well will resurface in the form of other faces and other names, but the circumstances are unmistakable. Each time they will try the individual patience.

You are aware at the soul level of the scene, and (why) it is presenting itself. But, as long as there is anger, hatred, or frustration in dealing with the event, from the pyramidal perspective, it will continue to come back at you, usually with greater intensity. This is an effort to get your attention, to cause you to finally discern there is something you are not doing right.

If, when this awareness occurs, the individual changes their approach to the matter, the symptoms will finally ease. If life experiences are handled in a loving attitude, then the picture show will finally change to a new reel. This signifies personal

should be administered life support. Those who have lost brain functions should be spared this indignity.

This is all for now.

OK, thank you very much.

I was intrigued by the message, which was so to the point of my question. Additionally, the information felt right. It wasn't preachy, but simply a forthright statement that everything should be undertaken in moderation, even exercise. I vowed to get back into my routine of taking a brisk walk in the evenings, just as soon as the weather was somewhere between 68 and 73 degrees with a slight breeze and very light cloud cover. (My criteria for walking is the same as for golfing. I seem to be a fair weather exerciser no matter what the sport.) All the same, I studied the information carefully and decided to make a concentrated effort to really begin watching how I reacted to situations at work, which was currently the most stressful part of my life. As it turned out, this one transmission played an important part in reshaping my attitude about my life and job. I began working on the balanced approach they spoke of, and began to observe a gradual change within myself, which others eventually began to notice as well.

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January 3, 1989, evening, Denver

Good evening, we are Andomus. This evening we would like to continue the discussion regarding the balancing of the body, mind, and soul, or the personal triad.

The spiritual portion of the personal triad is very well known by the infant, and to those who grow to the age of three. It begins to move into the background at about this age to allow

the entity the ability to express him/herself in the earth plane and to experience free will.

The second reason it falls into the background is the youngster, in almost all environments (at least in Western civilizations) becomes aware it is unacceptable to speak of invisible friends. Therefore, it is "learned" out of the individual. What a wonderful society you will have when the child-rearing process reaches a stage where this internal spirit is not only recognized by society as a whole, but is nurtured and becomes a full fledged member of the triad.

At present, withdrawal of the spirit from the body can be elected by the newborn, until approximately the age of three, without incurring any negative karma. The spirit will simply withdraw and the child will die if the election is made to discontinue the incarnation. Beyond the age of three, the individual usually will stay in the form until the life purpose has been accomplished. At that point in time, the spirit is free to withdraw, again, causing death. In the older entity, this is usually accompanied by some event, such as illness, stroke, car accident, etc., which disguises the true reality of the situation.

That is all for tonight.

Thank you very much.

Once again I found the information intriguing. Here was an explanation of why some children die from no apparent cause. It also discussed the fact Western society does not, as a general rule, recognize there is something more to life than the physical existence. As part of the human race, we dutifully forget that portion of ourselves to measure up (or should I say down) to the standards of society.

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